

Your Grace Identity

90 Days of Discovering the REAL You

BIBLE READING PLAN

A grace-based journey through the finished work of Jesus.

HOW TO USE THIS PLAN

■ Daily Time (~30 min)

15 min reading · 10 min thinking it through · 5 min speaking your confessions out loud.

■ New Testament First

The NT reading is your main focus. The OT reading helps you see the bigger picture.

■ Speak the Confessions Aloud

Don't just read them — say them out loud. You're agreeing with what God says is true about you. Your words have power.

■ Star Chapters (■)

These are the especially important passages. Slow down. Don't rush. Sit with them.

■ Repeat if You Need To

If a day hits deep, stay there. Come back tomorrow and read it again. Depth beats speed every time.

■ No Condemnation

Miss a day? Just pick back up where you left off. This plan runs on grace — not guilt. There is no failing.

*"Grace and peace be multiplied to you in the knowledge of God and of
Jesus our Lord." — 2 Peter 1:2*

PHASE 1

Foundations of Grace

Days 1–30

*Finding out what grace really means — and why you don't have to earn
God's love.*

- ✓ Why you don't have to earn God's love
- ✓ Righteousness as a free gift — not a reward
- ✓ The finished work of the cross
- ✓ Peace with God through faith

DAY 1 ★

The Word Became Flesh

Phase 1 · Foundations of Grace

■ MAIN READING

John 1:1–18

■ SUPPORTING READING

Psalm 23

John 1:16 — 'From his fullness we have all received, grace upon grace.'

■ THINK ABOUT IT

Think of someone who loves you no matter what. God's love for you is even bigger than that.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God isn't angry at me. He came close through Jesus because He actually loves me.
 - I am known, I am loved, and I am never on my own.
-

DAY 1 · REFLECTION & JOURNAL

1. What does it mean that Jesus is called 'the Word'? Why do you think God chose to show up as a person?
2. The verse says we receive 'grace upon grace.' What's one way you've seen grace in your life this week?

DAY 2 ★

Born Again by Grace

Phase 1 · Foundations of Grace

■ MAIN READING

John 3:1–21

■ SUPPORTING READING

Psalm 103:1–12

John 3:17 — 'God did not send His Son to condemn the world, but to save it.'

■ THINK ABOUT IT

Jesus came to save, not to judge. If you've ever felt like God was disappointed in you, today's reading is the antidote.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I have been born of the Spirit. I am a brand new creation — not just a slightly improved version of the old me.

— God so loved ME — this is personal, not just something in a textbook.

DAY 2 · REFLECTION & JOURNAL

1. Nicodemus was confused by 'born again.' In your own words, what do you think it means?
2. John 3:17 says God didn't send Jesus to condemn. How does that change how you think about God?

DAY 3 ★

Righteousness as a Gift

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 3:21–31

■ SUPPORTING READING

Isaiah 53:1–6

Romans 3:24 — 'Justified freely by his grace through the redemption in Christ Jesus.'

■ THINK ABOUT IT

'Righteousness' just means being right with God. Picture God handing you a gift you didn't buy. That's exactly what this is.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I am the righteousness of God in Christ Jesus. This is not something I earned — it was given to me.

— I have been justified freely. My standing before God is solid and sure.

DAY 3 · REFLECTION & JOURNAL

1. What does 'justified' mean? Try explaining it to someone who doesn't know the word.
2. How does it feel to know your right standing with God is a gift, not a grade you have to earn?

DAY 4

Faith Credited as Righteousness

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 4:1–16

■ SUPPORTING READING

Psalm 32

Romans 4:5 — 'God justifies the ungodly. Their faith is credited as righteousness.'

■ THINK ABOUT IT

Abraham didn't have a Bible or a church. He just believed God. That was enough — and it still is.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Like Abraham, I believe God. My faith — not my performance — is my righteousness.
 - I don't have to strive for what God has already freely given me.
-

DAY 4 · REFLECTION & JOURNAL

1. Why do you think God used Abraham as the example of faith?
2. Is there an area of your life where you've been trying to 'perform' for God instead of simply trusting Him?

DAY 5 ★

Peace with God

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 5:1–11

■ SUPPORTING READING

Psalm 46

Romans 5:1 — 'We have peace with God through our Lord Jesus Christ.'

■ THINK ABOUT IT

Peace with God isn't the same as feeling peaceful. It's a fact — like a war that's officially ended. The fighting is over.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have peace with God through Jesus Christ. I stand in grace — not in my own effort.
 - While I was still a sinner, Christ died for me. That settles my worth.
-

DAY 5 · REFLECTION & JOURNAL

1. What's the difference between 'peace with God' and just feeling calm?
2. Romans 5:8 says Christ died for us while we were still sinners. What does that tell you about how much you matter to Him?

DAY 6

Grace That Abounds

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 5:12–21

■ SUPPORTING READING

Isaiah 55:1–3

Romans 5:20 — 'Where sin increased, grace abounded all the more.'

■ THINK ABOUT IT

Think of grace as water and sin as a fire. No matter how big the fire, grace is always bigger.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Where sin went wild, grace went even further. I am not defined by my worst moments.
 - I am defined by Christ's gift — not by my past.
-

DAY 6 · REFLECTION & JOURNAL

1. Does it surprise you that grace can 'outrun' sin? What does that mean for your own mistakes?
2. How does it change things to know you're defined by Christ's gift, not your worst day?

DAY 7 ★

Dead to Sin, Alive to God

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 6:1–14

■ SUPPORTING READING

Psalms 51:1–12

Romans 6:14 — 'Sin shall not have dominion over you, for you are under grace.'

■ THINK ABOUT IT

Sin doesn't get to be the boss of you anymore. You've changed teams — and your new team wins.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am dead to sin and alive to God. Sin is no longer my boss.
- I count myself dead to sin and alive to God — this is a fact, not just a feeling.

DAY 7 · REFLECTION & JOURNAL

1. What does it mean to be 'dead to sin'? Does it mean you'll never mess up again?
2. How does knowing you're 'under grace' instead of 'under rules' actually help you live better?

DAY 8

Free from Sin's Slavery

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 6:15–23

■ SUPPORTING READING

Proverbs 3:5–8

Romans 6:23 — 'The gift of God is eternal life through Jesus Christ our Lord.'

■ THINK ABOUT IT

Eternal life isn't just about what happens after you die — it's a different kind of life that starts right now.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been set free from sin. I am now someone who lives for what is right.
 - The gift of God is eternal life — not earned, freely given.
-

DAY 8 · REFLECTION & JOURNAL

1. What habits or patterns in your life feel like they have 'power' over you?
2. If eternal life is a gift, why do you think so many people still try to earn it?

DAY 9

Released from the Law

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 7:1–6

■ SUPPORTING READING

Psalms 119:41–48

Romans 7:6 — 'We serve in the new way of the Spirit, not the old way of the law.'

■ THINK ABOUT IT

Rules can tell you what to do, but they can't change who you are. The Spirit actually changes you from the inside.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I have died to the old rulebook through Christ. I belong to Him who was raised.

— I serve God in the fresh way of the Spirit, not the old way of just following rules.

DAY 9 · REFLECTION & JOURNAL

1. What's the difference between following rules because you have to vs. living by the Spirit because you want to?
2. Can you think of a time when 'just try harder' didn't actually fix a problem? What does today's reading suggest instead?

DAY 10 ★

No Condemnation

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 8:1–11

■ SUPPORTING READING

Psalm 139:1–14

Romans 8:1 — 'There is now no condemnation for those who are in Christ Jesus.'

■ THINK ABOUT IT

Condemnation is like a guilty verdict. Romans 8:1 says that verdict has been thrown out. Case dismissed — permanently.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- There is now NO condemnation for me. The Spirit of life has set me free.
 - My mind set on the Spirit produces life and peace.
-

DAY 10 · REFLECTION & JOURNAL

1. Have you ever felt 'condemned' — like God was constantly disappointed in you? How does Romans 8:1 speak to that?
2. What does it look like practically to 'set your mind on the Spirit' during a regular school day?

DAY 11 ★

Led by the Spirit

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 8:12–25

■ SUPPORTING READING

Isaiah 40:28–31

Romans 8:16 — 'The Spirit himself testifies with our spirit that we are God's children.'

■ THINK ABOUT IT

You can literally call God 'Abba' — which is the Aramaic word for Dad. Not 'Sir' or 'Your Majesty.' Dad.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am a child of God. The Spirit confirms this in my own spirit.
 - I have not received a spirit of fear but the Spirit of adoption — I can call God 'Dad!'
-

DAY 11 · REFLECTION & JOURNAL

1. What does it mean to you personally that you can call God 'Abba' — Father, Dad?
2. How is being led by the Spirit different from just trying to make good decisions on your own?

DAY 12 ★

Nothing Can Separate Me

Phase 1 · Foundations of Grace

■ MAIN READING

Romans 8:26–39

■ SUPPORTING READING

Psalm 62:5–12

Romans 8:38–39 — 'Nothing can separate us from the love of God in Christ Jesus.'

■ THINK ABOUT IT

Make a mental list of the scariest things you can think of. Romans 8 says none of them can cut you off from God's love.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Nothing can separate me from the love of God in Christ Jesus.
- God is for me. If God is for me, who can stand against me?

DAY 12 · REFLECTION & JOURNAL

1. Paul lists a bunch of scary things in Romans 8:38–39. Which one hits closest to home for you?
2. How would living with this truth — that nothing can separate you from God's love — actually change your week?

DAY 13

One True Gospel

Phase 1 · Foundations of Grace

■ MAIN READING

Galatians 1:6–12

■ SUPPORTING READING

Proverbs 4:20–23

Galatians 1:11 — 'The gospel I preached is not of human origin.'

■ THINK ABOUT IT

There's a lot of noise out there about what God wants from you. Paul says the real gospel cuts through all of it — and it came from God himself.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The gospel I have received didn't come from people — it is the power of God.
 - I will not swap the gospel of grace for any other system or religion.
-

DAY 13 · REFLECTION & JOURNAL

1. Why do you think Paul was so intense about protecting the true gospel?
2. What are some 'other gospels' you've heard — messages that say you have to do more to be accepted by God?

DAY 14 ★

Crucified with Christ

Phase 1 · Foundations of Grace

■ MAIN READING

Galatians 2:11–21

■ SUPPORTING READING

Isaiah 61:1–3

Galatians 2:20 — 'I live by faith in the Son of God, who loved me and gave himself for me.'

■ THINK ABOUT IT

This is the heart of the whole plan: it's not about being a better version of you. Christ literally lives inside you now.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been crucified with Christ. It is no longer just me living — Christ lives in me.
 - I live by faith in the Son of God who loved me and gave himself for me.
-

DAY 14 · REFLECTION & JOURNAL

1. What does it mean that 'Christ lives in me'? Does that sound strange or exciting to you?
2. Galatians 2:20 says Jesus 'loved me and gave himself for me.' How personal does your faith feel right now?

DAY 15

The Spirit by Faith

Phase 1 · Foundations of Grace

■ MAIN READING

Galatians 3:1–14

■ SUPPORTING READING

Psalm 107:1–9

Galatians 3:14 — 'He redeemed us so that the blessing of Abraham might come to us.'

■ THINK ABOUT IT

Abraham's blessing was relationship with God and a future full of hope. That's yours too — no checklist required.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I received the Spirit through faith — not by doing all the right things.
 - Christ redeemed me from the curse. The blessing of Abraham is mine.
-

DAY 15 · REFLECTION & JOURNAL

1. Paul asks, 'Did you receive the Spirit by works or by faith?' How would you answer that for yourself?
2. What's one area of your life where you've been trying to earn something from God instead of just receiving it?

DAY 16 ★

Adopted as Sons

Phase 1 · Foundations of Grace

■ MAIN READING

Galatians 4:1–7

■ SUPPORTING READING

Psalm 131

Galatians 4:7 — 'You are no longer a slave, but God's child; and an heir.'

■ THINK ABOUT IT

An heir gets everything the parent has — not because they earned it, but because of who they belong to. That's you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am no longer a slave but a son. God has made me an heir through Christ.
 - I have received the Spirit of adoption. I can call God 'Abba, Father.'
-

DAY 16 · REFLECTION & JOURNAL

1. What's the difference between being a 'slave' to God and being His 'child'?
2. If you're an heir of God, what do you think that actually means for your life right now — today?

DAY 17 ★

Free Indeed

Phase 1 · Foundations of Grace

■ MAIN READING

Galatians 5:1–6

■ SUPPORTING READING

Psalms 119:45

Galatians 5:1 — 'It is for freedom that Christ has set us free. Stand firm.'

■ THINK ABOUT IT

Freedom in Christ isn't 'do whatever you want.' It's more like being freed from a prison so you can actually go somewhere amazing.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- It is for freedom that Christ has set me free. I won't go back to being a prisoner.
 - Faith works through love. My freedom is a launching pad, not an excuse.
-

DAY 17 · REFLECTION & JOURNAL

1. What does 'standing firm' in freedom look like practically for someone your age?
2. How can freedom actually lead you toward love rather than away from responsibility?

DAY 18 ★

Blessed in Christ

Phase 1 · Foundations of Grace

■ MAIN READING

Ephesians 1:1–14

■ SUPPORTING READING

Psalm 16

Ephesians 1:3 — 'Blessed us with every spiritual blessing in Christ.'

■ THINK ABOUT IT

Paul says God has ALREADY blessed you with EVERY spiritual blessing. Not some. Every. Not later. Already.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am chosen, holy, blameless, adopted, accepted, and sealed by the Holy Spirit.
 - Every spiritual blessing in heavenly places is already mine in Christ.
-

DAY 18 · REFLECTION & JOURNAL

1. Count the blessings Paul lists in Ephesians 1:3–14. How many can you find?
2. Which one of those blessings means the most to you right now, and why?

DAY 19

Eyes of Understanding

Phase 1 · Foundations of Grace

■ MAIN READING

Ephesians 1:15–23

■ SUPPORTING READING

Proverbs 2:1–9

Ephesians 1:18 — 'The eyes of your heart may be enlightened.'

■ THINK ABOUT IT

Your heart has 'eyes' — a way of seeing that goes deeper than just what's in front of you. Paul prays for those to open.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The eyes of my heart are open. I know the hope of my calling.
 - Christ is seated far above all rule and power — and I am seated with Him.
-

DAY 19 · REFLECTION & JOURNAL

1. What do you think it means to have the 'eyes of your heart' opened?
2. Paul says Christ is above every power and authority — how does that change the way you handle something that feels out of control?

DAY 20 ★

God's Masterpiece

Phase 1 · Foundations of Grace

■ MAIN READING

Ephesians 2:1–10

■ SUPPORTING READING

Psalm 40:1–5

Ephesians 2:10 — 'We are God's handiwork, created in Christ Jesus to do good works.'

■ THINK ABOUT IT

The word 'handiwork' in Greek is poiema — which is where we get the word 'poem.' You are God's poem, written with care.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am God's masterpiece — created in Christ Jesus for good things.
 - I have been saved by grace through faith. This is the gift of God.
-

DAY 20 · REFLECTION & JOURNAL

1. How does it feel to know you are described as God's 'masterpiece' — not His mistake?
2. Ephesians 2:10 says you were created for 'good works.' What's one good work you feel drawn toward?

DAY 21

Brought Near

Phase 1 · Foundations of Grace

■ MAIN READING

Ephesians 2:11–22

■ SUPPORTING READING

Isaiah 57:15–19

Ephesians 2:13 — 'You who were far away have been brought near by the blood of Christ.'

■ THINK ABOUT IT

You're not an outsider. You're not on the waiting list. You're family — built right into God's house.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been brought near by the blood of Christ. I am no stranger to God.
 - I am a member of God's household, built on the foundation of Christ.
-

DAY 21 · REFLECTION & JOURNAL

1. Paul says we were once 'far off' but are now 'brought near.' What does that feel like to you personally?
2. What does it mean to be part of God's 'household'? How is that different from just going to church?

DAY 22 ★

Rooted in Love

Phase 1 · Foundations of Grace

■ MAIN READING

Ephesians 3:14–21

■ SUPPORTING READING

Psalm 36:5–9

Ephesians 3:20 — 'To him who is able to do immeasurably more than all we ask.'

■ THINK ABOUT IT

Immeasurably more. Not a little more. Not slightly more than expected. Way, way beyond what you could even dream up.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am rooted and grounded in love. I am filled with all the fullness of God.
 - God is able to do immeasurably more than all I ask or imagine in my life.
-

DAY 22 · REFLECTION & JOURNAL

1. Paul prays for you to 'grasp' how wide, long, high, and deep God's love is. Try describing it in your own words.
2. What would you ask God for if you really believed He could do 'immeasurably more' than you can imagine?

DAY 23 ★

Qualified and Delivered

Phase 1 · Foundations of Grace

■ MAIN READING

Colossians 1:9–23

■ SUPPORTING READING

Isaiah 43:1–4

Colossians 1:13 — 'He has rescued us from the dominion of darkness.'

■ THINK ABOUT IT

You've been rescued — like someone pulled from a burning building. And then immediately invited into a palace. That's the gospel.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God has qualified me to share in the inheritance of the saints in light.
 - I have been rescued from darkness and brought into the kingdom of the Son.
-

DAY 23 · REFLECTION & JOURNAL

1. What does it mean to be 'qualified'? Who did the qualifying?
2. What does 'rescued from the dominion of darkness' mean in everyday, real-life terms?

DAY 24

Complete in Christ

Phase 1 · Foundations of Grace

■ MAIN READING

Colossians 2:6–15

■ SUPPORTING READING

Psalm 23

Colossians 2:10 — 'In Christ you have been brought to fullness.'

■ THINK ABOUT IT

You don't need to 'level up' spiritually by collecting enough experiences. In Christ, you're already complete.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am complete in Christ. In Him I have everything I need — I lack nothing.
- I have been buried with Christ and raised with Him through faith.

DAY 24 · REFLECTION & JOURNAL

1. Do you ever feel like you're not 'enough' as a Christian — like you need to do more?
2. What would it look like to actually live like you believe you're complete in Christ?

DAY 25 ★

Raised with Christ

Phase 1 · Foundations of Grace

■ MAIN READING

Colossians 3:1–4

■ SUPPORTING READING

Proverbs 23:7

Colossians 3:3 — 'Your life is now hidden with Christ in God.'

■ THINK ABOUT IT

Your real life is hidden with God. What other people see — your grades, your looks, your popularity — that's not the real you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been raised with Christ. My life is hidden with Christ in God.
 - I set my mind on what's above — my identity comes from heaven, not from my circumstances.
-

DAY 25 · REFLECTION & JOURNAL

1. What does it mean that your life is 'hidden with Christ in God'?
2. What are some things you tend to look to for your identity that today's reading redirects you away from?

DAY 26 ★

Bold Access to Grace

Phase 1 · Foundations of Grace

■ MAIN READING

Hebrews 4:14–16

■ SUPPORTING READING

Psalm 84

Hebrews 4:16 — 'Let us approach God's throne of grace with confidence.'

■ THINK ABOUT IT

You don't have to clean yourself up before going to God. You can go to Him exactly as you are, right now, with confidence.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I can come boldly to the throne of grace. I will find mercy in my time of need.
 - Jesus understands my weakness. He is not put off by my struggles.
-

DAY 26 · REFLECTION & JOURNAL

1. Why do you think many people feel like they can't come to God when they've messed up?
2. Jesus 'understands our weakness' — what does it mean to you that He gets what you're going through?

DAY 27

The Better Covenant

Phase 1 · Foundations of Grace

■ MAIN READING

Hebrews 9:11–15

■ SUPPORTING READING

Psalm 85:1–7

Hebrews 9:12 — 'He entered once for all, having secured eternal redemption.'

■ THINK ABOUT IT

The old system needed constant do-overs. Jesus did it once and it was done for good. Once. For all. Including you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Christ entered the holy place once for all by His own blood. My redemption is permanent.
 - My conscience has been cleansed. I serve God out of love — not guilt.
-

DAY 27 · REFLECTION & JOURNAL

1. What's the significance of Jesus doing something 'once for all' instead of over and over?
2. How would your relationship with God change if you lived from love instead of from guilt?

DAY 28 ★

Once for All

Phase 1 · Foundations of Grace

■ MAIN READING

Hebrews 10:1–18

■ SUPPORTING READING

Isaiah 43:25

Hebrews 10:14 — 'By one sacrifice he has made perfect forever those being sanctified.'

■ THINK ABOUT IT

God doesn't keep a running tab of your sins. He says He won't remember them. That's not forgetting — it's choosing not to hold it against you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- By one offering, Jesus has made perfect forever those who are being set apart for God.
- God says, 'I will remember their sins no more.' That includes mine.

DAY 28 · REFLECTION & JOURNAL

1. The old system required endless sacrifices. What does it mean that Jesus' one sacrifice was enough?
2. How does it feel to know God says He won't remember your sins against you?

DAY 29 ★

Drawing Near with Confidence

Phase 1 · Foundations of Grace

■ MAIN READING

Hebrews 10:19–25

■ SUPPORTING READING

Psalm 27:1–4

Hebrews 10:22 — 'Draw near to God with a sincere heart in full assurance of faith.'

■ THINK ABOUT IT

You are welcome. Not tolerated. Welcome. There's a huge difference.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I draw near to God with a sincere heart in full assurance of faith.
 - My heart is clean. I am welcome in God's presence.
-

DAY 29 · REFLECTION & JOURNAL

1. What would it look like to 'draw near to God' today — practically speaking?
2. Hebrews 10:25 talks about not giving up meeting together. Why do you think community matters for living by faith?

DAY 30 ★

The Ministry of Reconciliation

Phase 1 · Foundations of Grace

■ MAIN READING

2 Corinthians 5:14–21

■ SUPPORTING READING

Psalm 103:8–14

2 Cor. 5:21 — 'God made him who had no sin to be sin for us... so we might become the righteousness of God.'

■ THINK ABOUT IT

New creation. Not new edition. Not updated. Brand new. Everything about your old identity — the shame, the labels — gone.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am a new creation. The old version of me is gone — the new has come.
 - I am the righteousness of God in Christ. This is my real identity.
-

DAY 30 · REFLECTION & JOURNAL

1. 2 Corinthians 5:17 says you are a 'new creation.' What old labels or identities does that speak to in your life?
2. What would it mean for you to start living from your new identity this week?

PHASE 2

Identity & Finished Work

Days 31–60

Discovering who you really are in Christ — and what that means for your everyday life.

- ✓ You are chosen, holy, and blameless
- ✓ Renewing your mind to match what heaven says about you
- ✓ Christ in you — the hope of glory
- ✓ Reigning in life through grace

DAY 31 ★

God Is Love

Phase 2 · Identity & Finished Work

■ MAIN READING

1 John 4:7–19

■ SUPPORTING READING

Psalm 36:5–9

1 John 4:16 — 'God is love. Whoever lives in love lives in God, and God in them.'

■ THINK ABOUT IT

Perfect love doesn't just reduce fear — it kicks it out completely. If you're living in fear, you haven't fully let love in yet.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God is love. I was loved before I ever loved Him.
 - There is no fear in love. God's perfect love pushes my fear out.
-

DAY 31 · REFLECTION & JOURNAL

1. What's the difference between 'God loves' and 'God IS love'?
2. What fears in your life do you need to let love push out?

DAY 32 ★

Called Children of God

Phase 2 · Identity & Finished Work

■ MAIN READING

1 John 3:1–3

■ SUPPORTING READING

Isaiah 62:3–5

1 John 3:1 — *'See what great love the Father has lavished on us!'*

■ THINK ABOUT IT

'Lavished' means poured out generously — not measured out carefully. God didn't ration His love for you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am called a child of God — and that is what I actually am.
 - When Christ appears, I will be like Him. My transformation is guaranteed.
-

DAY 32 · REFLECTION & JOURNAL

1. What does it mean to be 'lavished' with love? How is that different from just 'loved'?
2. John says we are God's children now — not just someday. How does that change today for you?

DAY 33 ★

No Condemnation — Deep Dive

Phase 2 · Identity & Finished Work

■ MAIN READING

Romans 8:1–4

■ SUPPORTING READING

Psalm 51:7–12

Romans 8:2 — 'The law of the Spirit who gives life has set you free.'

■ THINK ABOUT IT

Imagine the judge reading the verdict: 'Not guilty.' Then imagine that verdict can never be overturned. That's Romans 8.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The law of the Spirit of life has set me free from the law of sin and death.
 - I am not under condemnation today. The verdict is in — 'not guilty.'
-

DAY 33 · REFLECTION & JOURNAL

1. Why do you think this is worth revisiting after reading Romans 8 a few weeks ago?
2. What does 'not guilty' feel like compared to how you usually feel about your relationship with God?

DAY 34 ★

Transformed by Beholding

Phase 2 · Identity & Finished Work

■ MAIN READING

2 Corinthians 3:4–18

■ SUPPORTING READING

Proverbs 4:18

2 Cor. 3:18 — 'We are being transformed into his image with ever-increasing glory.'

■ THINK ABOUT IT

You become like what you look at most. This isn't just psychology — it's how the Spirit works in you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- As I look at the Lord's glory with an unveiled face, I am being transformed.
 - My mind is not veiled. I see God clearly — as a Father, not a judge.
-

DAY 34 · REFLECTION & JOURNAL

1. What do you spend the most time 'beholding' — looking at and thinking about?
2. How does seeing God as a Father rather than a judge change the way you come to Him?

DAY 35 ★

Renewing the Mind

Phase 2 · Identity & Finished Work

■ MAIN READING

Romans 12:1–2

■ SUPPORTING READING

Psalm 119:11–16

Romans 12:2 — 'Be transformed by the renewing of your mind.'

■ THINK ABOUT IT

Your mind gets shaped by what you put into it. Renewing your mind is like changing the playlist — it changes the whole atmosphere.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I offer myself to God as a living sacrifice. My mind is being renewed.
 - As I renew my mind with God's Word, I discover what His will actually looks like.
-

DAY 35 · REFLECTION & JOURNAL

1. What does 'renewing your mind' actually look like in your daily routine?
2. Paul says this is how you discover God's will — not through special signs, but through a transformed way of thinking. What do you think about that?

DAY 36 ★

Thinking Right

Phase 2 · Identity & Finished Work

■ MAIN READING

Philippians 4:4–9

■ SUPPORTING READING

Proverbs 23:7

Philippians 4:8 — 'Whatever is true... think about such things.'

■ THINK ABOUT IT

Your brain is like a social media feed — you get to decide what you scroll. Start curating what you allow in.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Whatever is true, noble, right, pure — this is what I choose to think about.
 - I take care of my thought life. What I think shapes who I become.
-

DAY 36 · REFLECTION & JOURNAL

1. Run a quick audit: what did you spend most of your mental energy on this week?
2. How can you practically apply Philippians 4:8 to what you watch, listen to, or think about?

DAY 37

Content in Christ

Phase 2 · Identity & Finished Work

■ MAIN READING

Philippians 4:10–13

■ SUPPORTING READING

Psalm 23

Philippians 4:13 — 'I can do all this through him who gives me strength.'

■ THINK ABOUT IT

Paul learned contentment — it wasn't automatic. And he said it in prison. Whatever you're going through, contentment is actually available.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have learned contentment in every situation. Christ is my strength.
 - I can do all things through Christ who strengthens me.
-

DAY 37 · REFLECTION & JOURNAL

1. Philippians 4:13 is often quoted out of context. Read it in context — what does 'all things' actually refer to?
2. Is there a situation you're in right now where you need to learn contentment instead of waiting for things to change?

DAY 38 ★

Abiding in the Vine

Phase 2 · Identity & Finished Work

■ MAIN READING

John 15:1–11

■ SUPPORTING READING

Psalm 1

John 15:5 — 'I am the vine; you are the branches. Apart from me you can do nothing.'

■ THINK ABOUT IT

A branch doesn't produce fruit by trying really hard. It just stays connected. Your job is connection, not production.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am a branch connected to the true Vine. I am designed to bear a lot of fruit.
- Jesus chose me. I didn't choose Him first. I am His choice.

DAY 38 · REFLECTION & JOURNAL

1. What does 'abiding' in Jesus look like on a Tuesday afternoon?
2. Jesus says He chose you — before you chose Him. How does being chosen feel to you?

DAY 39

The Good Shepherd

Phase 2 · Identity & Finished Work

■ MAIN READING

John 10:1–18

■ SUPPORTING READING

Psalm 100

John 10:10 — 'I have come that they may have life, and have it to the full.'

■ THINK ABOUT IT

Jesus came so you could have life that's actually full — not just survival, but overflowing abundance.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— Jesus is my Good Shepherd. He gave His life for me willingly.

— I know His voice. I follow Him — not fear, not guilt.

DAY 39 · REFLECTION & JOURNAL

1. What does 'life to the full' look like in your everyday experience?
2. Jesus says His sheep know His voice. How do you recognize when God is speaking to you?

DAY 40 ★

Unity with the Father

Phase 2 · Identity & Finished Work

■ MAIN READING

John 17:20–26

■ SUPPORTING READING

Psalms 91:1–4

John 17:23 — 'The Father loves them even as he has loved me.'

■ THINK ABOUT IT

Jesus prayed for you specifically — before you were born. This prayer in John 17 includes you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Jesus prayed for ME. He prayed that I would be one with the Father.
 - The same love the Father has for Jesus, He has for me.
-

DAY 40 · REFLECTION & JOURNAL

1. How does it feel to know Jesus was praying for you — by name — even before you knew Him?
2. The Father loves you the same way He loves Jesus. Does that feel unbelievable? Why or why not?

DAY 41 ★

Walking by the Spirit

Phase 2 · Identity & Finished Work

■ MAIN READING

Galatians 5:16–25

■ SUPPORTING READING

Proverbs 11:24–25

Galatians 5:25 — 'Since we live by the Spirit, let us keep in step with the Spirit.'

■ THINK ABOUT IT

The fruit of the Spirit isn't something you manufacture — it's something you grow. Stick close to the Vine.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I walk by the Spirit. The fruit of the Spirit grows in me naturally.
 - I have put to death the old desires. I belong to Christ.
-

DAY 41 · REFLECTION & JOURNAL

1. Which of the fruit of the Spirit (love, joy, peace, patience...) do you find hardest to live out?
2. What does 'keeping in step with the Spirit' look like in a real, everyday situation?

DAY 42 ★

Put On the New Self

Phase 2 · Identity & Finished Work

■ MAIN READING

Ephesians 4:17–32

■ SUPPORTING READING

Psalm 51:10–12

Ephesians 4:24 — 'Put on the new self, created to be like God in righteousness.'

■ THINK ABOUT IT

Paul uses a 'get dressed' picture. Every day you choose what to put on — spiritually speaking. Make it the new you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I put off the old ways. I am renewed in my mind and spirit.
- I put on the new self — created to be like God in true righteousness and holiness.

DAY 42 · REFLECTION & JOURNAL

1. What does 'putting off' and 'putting on' look like in practical terms in your life?
2. Ephesians 4:26 says be angry but don't sin. What does healthy, grace-based anger management look like?

DAY 43 ★

Clothed in Christ

Phase 2 · Identity & Finished Work

■ MAIN READING

Colossians 3:5–17

■ SUPPORTING READING

Isaiah 61:10

Colossians 3:12 — 'Clothe yourselves with compassion, kindness, humility, gentleness.'

■ THINK ABOUT IT

Love is described as the belt that holds the whole outfit together. Without it, everything else falls apart.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have clothed myself with Christ — compassion, kindness, humility.
- Above all, I put on love, which ties everything together in perfect harmony.

DAY 43 · REFLECTION & JOURNAL

1. Paul says to 'forgive as the Lord forgave you.' Is there anyone you need to extend that to right now?
2. What would it look like to be known as someone who wears compassion and kindness like a second skin?

DAY 44

Boasting Only in Christ

Phase 2 · Identity & Finished Work

■ MAIN READING

1 Corinthians 1:26–31

■ SUPPORTING READING

Psalm 37:23–24

1 Cor. 1:30 — 'Christ Jesus has become our wisdom, righteousness, sanctification.'

■ THINK ABOUT IT

God loves using people everyone else overlooked. If you've ever felt like you're not impressive enough for God to use — good news.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God chose the ordinary things to shame the impressive. My confidence is in God alone.
- Christ has become my wisdom, my right standing, my purity, and my rescue.

DAY 44 · REFLECTION & JOURNAL

1. Why do you think God deliberately chooses the 'foolish' and 'weak' things of the world?
2. What would it mean for Christ to actually be your wisdom in a specific decision you're facing?

DAY 45 ★

Temple of the Holy Spirit

Phase 2 · Identity & Finished Work

■ MAIN READING

1 Corinthians 6:19–20

■ SUPPORTING READING

Proverbs 20:27

1 Cor. 6:19 — 'Do you not know that your bodies are temples of the Holy Spirit?'

■ THINK ABOUT IT

God doesn't just live in church buildings. He lives in you. How you treat your body — physically, mentally, emotionally — actually matters.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- My body is a temple of the Holy Spirit. I was bought at a price.
 - I honor God with my body. I am His home on earth.
-

DAY 45 · REFLECTION & JOURNAL

1. How does the idea that your body is a 'temple' affect how you think about what you put into it — food, media, substances?
2. What does it mean to 'honor God' with your body in the world you live in today?

DAY 46 ★

Treasure in Clay Jars

Phase 2 · Identity & Finished Work

■ MAIN READING

2 Corinthians 4:7–18

■ SUPPORTING READING

Isaiah 40:29–31

2 Cor. 4:17 — 'Our light and momentary troubles are achieving an eternal glory.'

■ THINK ABOUT IT

Clay jars were ordinary, breakable containers — like Tupperware in the ancient world. God loves putting his treasure in ordinary, breakable people.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I carry God's glory in this ordinary body. His power shows through my weakness.
 - I do not give up. My inner self is being renewed day by day.
-

DAY 46 · REFLECTION & JOURNAL

1. Paul says 'we do not lose heart' twice. What keeps him going? What keeps you going?
2. How does knowing your troubles are producing 'eternal glory' change how you look at hard things?

DAY 47 ★

More Than Conquerors

Phase 2 · Identity & Finished Work

■ MAIN READING

Romans 8:28–39

■ SUPPORTING READING

Psalm 34:1–8

Romans 8:37 — 'We are more than conquerors through him who loved us.'

■ THINK ABOUT IT

More than conquerors doesn't mean life is easy — it means you win even when it's hard. Different kind of winning.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- In all things, God works for my good. I am more than a conqueror through Christ.
 - Nothing — absolutely nothing — can separate me from the love of God in Christ Jesus.
-

DAY 47 · REFLECTION & JOURNAL

1. 'All things work together for good' — does that mean everything that happens is good? What's the difference?
2. What situation in your life right now needs you to believe you're 'more than a conqueror'?

DAY 48 ★

The Nature of Faith

Phase 2 · Identity & Finished Work

■ MAIN READING

Hebrews 11:1–6

■ SUPPORTING READING

Proverbs 3:5–6

Hebrews 11:1 — 'Faith is confidence in what we hope for, assurance about what we do not see.'

■ THINK ABOUT IT

Faith isn't pretending. It's being more convinced of what God says than what your current situation looks like.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Faith is the substance of things hoped for. I see by faith, not just by what's in front of me.
 - Without faith it is impossible to please God. My faith actually matters — and God rewards it.
-

DAY 48 · REFLECTION & JOURNAL

1. How is biblical faith different from 'just believing really hard' or wishful thinking?
2. Is there something God has promised you that you've stopped believing for? What would it look like to pick that back up?

DAY 49 ★

Running with Endurance

Phase 2 · Identity & Finished Work

■ MAIN READING

Hebrews 12:1–3

■ SUPPORTING READING

Psalm 27:13–14

Hebrews 12:2 — 'Fix our eyes on Jesus, the pioneer and perfecter of faith.'

■ THINK ABOUT IT

It's a race, not a sprint. The goal is to finish well — and you do that by keeping your eyes on Jesus, not on your circumstances.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I throw off every weight and sin that slows me down. I run with endurance the race marked out for me.

— I fix my eyes on Jesus — the Author and Perfecter of my faith.

DAY 49 · REFLECTION & JOURNAL

1. What 'weights' (not even sins, just distractions) might be slowing you down right now?
2. Hebrews 12:3 says to think about Jesus 'so you won't grow weary.' How does focusing on Him actually help?

DAY 50

Faith in Trials

Phase 2 · Identity & Finished Work

■ MAIN READING

James 1:2–8

■ SUPPORTING READING

Isaiah 30:15

James 1:4 — 'Let perseverance finish its work so that you may be mature and complete.'

■ THINK ABOUT IT

James doesn't say fake-smile through trials. He says look at what's being built in you. Different perspective changes everything.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I count hard times as something to be glad about because I know they build perseverance in me.

— I ask God for wisdom without doubting. He gives generously — no strings attached.

DAY 50 · REFLECTION & JOURNAL

1. Is there a trial you're going through that you haven't been able to see any purpose in yet?
2. Why do you think wisdom is the thing James tells us to ask for — not relief or answers?

DAY 51

Faith That Works

Phase 2 · Identity & Finished Work

■ MAIN READING

James 2:14–26

■ SUPPORTING READING

Psalm 112

James 2:26 — 'Faith without deeds is dead.'

■ THINK ABOUT IT

James isn't saying you're saved by your actions. He's saying real faith always shows up in how you live.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- My faith is alive. It produces action, generosity, and love.
 - I am justified by what my faith produces — fruit that others can actually see.
-

DAY 51 · REFLECTION & JOURNAL

1. How do you balance 'saved by grace through faith' (Paul) with 'faith without works is dead' (James)?
2. What's one practical thing your faith should be producing in your life right now that you might be holding back?

DAY 52 ★

Living Hope

Phase 2 · Identity & Finished Work

■ MAIN READING

1 Peter 1:3–9

■ SUPPORTING READING

Psalm 30

1 Peter 1:3 — 'In his great mercy he has given us new birth into a living hope.'

■ THINK ABOUT IT

Most hope fades as reality sets in. A 'living' hope is the opposite — it actually grows as you walk through life.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been born again to a living hope through the resurrection of Jesus.
- My faith, though tested hard, will result in praise and glory when Christ returns.

DAY 52 · REFLECTION & JOURNAL

1. What's the difference between 'living hope' and just being optimistic?
2. Peter says trials refine your faith 'like gold.' What trials have made your faith stronger?

DAY 53 ★

A Royal Priesthood

Phase 2 · Identity & Finished Work

■ MAIN READING

1 Peter 2:4–12

■ SUPPORTING READING

Isaiah 28:16

1 Peter 2:9 — 'You are a chosen people, a royal priesthood, a holy nation.'

■ THINK ABOUT IT

Royal priesthood. That's not a small identity. You carry God's presence and represent Him wherever you go.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I am chosen, royal, holy, and God's special possession. This is who I am.
 - I was once not a people, but now I am the people of God. I have received mercy.
-

DAY 53 · REFLECTION & JOURNAL

1. In the Old Testament, only certain people were priests. What does it mean that you are one?
2. You are described as 'God's special possession.' How does that shape how you see yourself?

DAY 54 ★

Partakers of Divine Nature

Phase 2 · Identity & Finished Work

■ MAIN READING

2 Peter 1:2–11

■ SUPPORTING READING

Proverbs 8:17–21

2 Peter 1:4 — 'You may participate in the divine nature.'

■ THINK ABOUT IT

Participating in God's nature isn't about becoming God — it's about the character of God actually living in you and through you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have been given everything that belongs to life and godliness through knowing God.
 - I am a sharer in the divine nature. God's own nature now lives in me.
-

DAY 54 · REFLECTION & JOURNAL

1. What does it mean to 'participate in the divine nature'? What does that look like in real life?
2. Peter says to add virtue to faith, knowledge to virtue, etc. Why does this progression matter?

DAY 55 ★

Grace That Trains

Phase 2 · Identity & Finished Work

■ MAIN READING

Titus 2:11–14

■ SUPPORTING READING

Psalms 119:9–16

Titus 2:12 — 'Grace teaches us to say no to ungodliness and worldly passions.'

■ THINK ABOUT IT

Grace isn't just a pardon. It's a power source. It doesn't just forgive what you did — it helps you live differently.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The grace of God has appeared, bringing salvation and actually training me to say no to sin.
- Grace is not just forgiveness — it is empowerment to live a God-honouring life.

DAY 55 · REFLECTION & JOURNAL

1. Most people think grace is only about forgiveness. How does today's reading expand that idea?
2. What's something you're trying to say 'no' to right now where you need grace to be more than just forgiveness?

DAY 56 ★

Saved by Mercy

Phase 2 · Identity & Finished Work

■ MAIN READING

Titus 3:3–8

■ SUPPORTING READING

Isaiah 44:22

Titus 3:5 — 'He saved us, not because of righteous things we had done, but because of his mercy.'

■ THINK ABOUT IT

Not because of what you did. Because of who He is. Mercy. Full stop. No fine print.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God saved me not because of my good track record but because of His mercy and grace.
- I have been justified by His grace and made an heir of eternal life.

DAY 56 · REFLECTION & JOURNAL

1. What's the difference between being saved by mercy vs. being saved because you deserve it?
2. How does knowing salvation is 100% mercy change how you relate to people who 'don't deserve' grace?

DAY 57 ★

Christ In Me

Phase 2 · Identity & Finished Work

■ MAIN READING

Colossians 1:27

■ SUPPORTING READING

Psalm 16:7–11

Colossians 1:27 — 'Christ in you, the hope of glory.'

■ THINK ABOUT IT

For ages, this was a mystery. Now it's revealed: God doesn't just watch over you from above. He lives inside you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Christ in me is the hope of glory. He lives inside me — this changes everything.
 - The mystery of the gospel isn't just Christ for me — it's Christ actually IN me.
-

DAY 57 · REFLECTION & JOURNAL

1. What's the difference between 'Christ for me' (outside) and 'Christ in me' (inside)?
2. If Christ literally lives in you, how should that change how you walk into school tomorrow morning?

DAY 58 ★

The Word Is Near You

Phase 2 · Identity & Finished Work

■ MAIN READING

Romans 10:8–13

■ SUPPORTING READING

Psalms 34:17–18

Romans 10:10 — 'With your heart you believe and with your mouth you profess.'

■ THINK ABOUT IT

Confession isn't just admitting something. It's agreeing out loud with what God says is true. Your words carry weight.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The word of faith is near me — in my mouth and in my heart.
- I confess with my mouth that Jesus is Lord and believe in my heart. I am saved.

DAY 58 · REFLECTION & JOURNAL

1. Why do you think both the heart and the mouth are important — not just one or the other?
2. What's one thing you could start saying out loud about yourself that lines up with what God says?

DAY 59 ★

The Spirit of Power

Phase 2 · Identity & Finished Work

■ MAIN READING

2 Timothy 1:6–9

■ SUPPORTING READING

Psalm 138

2 Tim. 1:7 — 'God gave us a spirit not of fear but of power and love and self-control.'

■ THINK ABOUT IT

Fear is not from God. Period. Power, love, and a sound mind — that's what you've been given. Fan those into flame.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God has not given me a spirit of fear but of power, love, and a sound mind.
 - I fan into flame the gift of God within me. I will not shrink back.
-

DAY 59 · REFLECTION & JOURNAL

1. What fears show up most in your life right now — socially, about the future, about failing?
2. How do you 'fan into flame' the gifts and calling God has put in you? What does that practically look like?

DAY 60 ★

Made Kings and Priests

Phase 2 · Identity & Finished Work

■ MAIN READING

Revelation 1:5–6

■ SUPPORTING READING

Isaiah 61:6

Revelation 1:6 — 'Made us to be a kingdom and priests to serve his God and Father.'

■ THINK ABOUT IT

You're not just saved from something — you're called to something. A royal, priestly purpose. That's bigger than you think.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Jesus has loved me, freed me from my sins, and made me a king and priest to God.
 - I reign in life through Christ. I am called to a royal, priestly purpose on earth.
-

DAY 60 · REFLECTION & JOURNAL

1. What does 'reigning in life' mean for a young person in your situation?
2. As you finish Phase 2, how has your understanding of your identity in Christ changed over these 60 days?

PHASE 3

Living by Grace

Days 61–90

Putting it all into practice — letting grace change how you treat yourself and others.

- ✓ Grace empowers — it doesn't just excuse
- ✓ Faith, prayer, and speaking God's Word
- ✓ Loving others from overflow, not obligation
- ✓ Your purpose on earth

DAY 61

Love Fulfills the Law

Phase 3 · Living by Grace

■ MAIN READING

Romans 13:8–14

■ SUPPORTING READING

Proverbs 10:11–12

Romans 13:10 — 'Love does no harm to a neighbor. Love is the fulfillment of the law.'

■ THINK ABOUT IT

The whole law summed up: love your neighbour. Not because you have to. Because grace has made you someone who can.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- Love is the fulfillment of the law. I live by love, not by a list of rules.
 - I put on Christ like clothing. His nature is what I wear each day.
-

DAY 61 · REFLECTION & JOURNAL

1. If love fulfills the law, what does that say about why Jesus gave us a new commandment to 'love one another'?
2. Who in your life is hardest to love right now? What would love look like toward them specifically?

DAY 62

Sowing to the Spirit

Phase 3 · Living by Grace

■ MAIN READING

Galatians 6:1–10

■ SUPPORTING READING

Psalms 126

Galatians 6:9 — 'Let us not become weary in doing good, for at the proper time we will reap.'

■ THINK ABOUT IT

You're always sowing something. The question is what. Every habit, every choice, every attitude is a seed.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I sow to the Spirit, not to what feels good in the moment. I will reap what I sow.
- I will not give up doing good. At the right time, I will reap a harvest.

DAY 62 · REFLECTION & JOURNAL

1. What are you currently 'sowing' with your time and attention? What kind of harvest does that produce?
2. Is there a situation where you're growing weary of 'doing good'? What does Paul's encouragement mean for you there?

DAY 63 ★

The Armor of God

Phase 3 · Living by Grace

■ MAIN READING

Ephesians 6:10–18

■ SUPPORTING READING

Psalm 91

Ephesians 6:11 — 'Put on the full armor of God, so that you can take your stand.'

■ THINK ABOUT IT

Notice that the armor is all defensive and one offensive weapon — the sword of the Spirit, which is God's Word. That's your weapon.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I put on the full armor of God. I stand firm against every scheme of the enemy.
 - I stand with the belt of truth, the breastplate of righteousness, and the shield of faith.
-

DAY 63 · REFLECTION & JOURNAL

1. Go through each piece of armor. What does each one protect you against in real, everyday life?
2. Why do you think 'prayer' is included at the end of the armor passage? What role does it play?

DAY 64 ★

The Mind of Christ

Phase 3 · Living by Grace

■ MAIN READING

Philippians 2:1–11

■ SUPPORTING READING

Isaiah 42:1–4

Philippians 2:5 — 'Have the same mindset as Christ Jesus.'

■ THINK ABOUT IT

Humility isn't thinking less of yourself. It's thinking of yourself less. Massive difference.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have the mind of Christ. I look not only to my own interests but also to others.
- I humble myself as Christ humbled Himself — not from fear but from love.

DAY 64 · REFLECTION & JOURNAL

1. Jesus humbled himself from a position of greatness. How does that change how we think about humility?
2. Where in your life are you most tempted to look only to your own interests? What would 'the mind of Christ' do there?

DAY 65 ★

Pressing Forward

Phase 3 · Living by Grace

■ MAIN READING

Philippians 3:7–14

■ SUPPORTING READING

Psalm 84:10–12

Philippians 3:14 — 'I press on toward the goal to win the prize.'

■ THINK ABOUT IT

Paul counted his impressive religious resume as garbage compared to knowing Christ. What are you still holding onto that needs to be let go?

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I forget what is behind and press toward the goal — the prize of God's upward call.
 - I count everything else as loss compared to knowing Christ. He is my greatest gain.
-

DAY 65 · REFLECTION & JOURNAL

1. What are the 'things behind' that you most need to forget and stop dragging into your future?
2. What does it mean to 'press on' toward Christ — what does that actually look like this week?

DAY 66 ★

No Anxiety

Phase 3 · Living by Grace

■ MAIN READING

Matthew 6:25–34

■ SUPPORTING READING

Psalms 37:1–7

Matthew 6:33 — 'Seek first his kingdom and his righteousness, and all these things will be given.'

■ THINK ABOUT IT

Jesus isn't saying problems don't exist. He's saying worry is not a useful response to them — and your Father has it covered.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I do not worry about my life. My Father knows what I need before I even ask.
- I seek first His kingdom and righteousness — and everything else gets added in.

DAY 66 · REFLECTION & JOURNAL

1. What are you most anxious about right now — school, the future, relationships, something else?
2. What does 'seeking first His kingdom' actually look like when you're stressed about something specific?

DAY 67 ★

Rest in Christ

Phase 3 · Living by Grace

■ MAIN READING

Matthew 11:28–30

■ SUPPORTING READING

Isaiah 55:1–3

Matthew 11:28 — 'Come to me, all you who are weary and burdened, and I will give you rest.'

■ THINK ABOUT IT

Jesus calls it His 'yoke' — not 'zero responsibility.' But His yoke fits right, and He carries it with you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— Jesus gives me rest. His yoke is easy and His burden is light.

— I come to Jesus as I am — worn out, carrying too much — and He gives me rest.

DAY 67 · REFLECTION & JOURNAL

1. What burdens are you currently carrying that you haven't brought to Jesus?
2. What does the 'rest' Jesus offers actually feel like? Have you experienced it before? Describe it.

DAY 68 ★

The Father Who Runs

Phase 3 · Living by Grace

■ MAIN READING

Luke 15:11–32

■ SUPPORTING READING

Psalms 145:8–13

Luke 15:20 — 'While he was still a long way off, his father saw him and ran to him.'

■ THINK ABOUT IT

The father in this story runs — which was completely undignified for an older man in that culture. He didn't care. He ran for you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— The Father ran to meet me when I was far off. He didn't wait for me to get cleaned up first. He ran.

— I am not a servant earning my keep — I am a son, fully restored.

DAY 68 · REFLECTION & JOURNAL

1. Which character in this story do you most identify with right now — the younger son, the older son, or someone else?
2. The father ran before the son had explained himself. What does that tell you about how God responds when you come back to Him?

DAY 69 ★

The Truth Sets Free

Phase 3 · Living by Grace

■ MAIN READING

John 8:31–36

■ SUPPORTING READING

Psalms 119:45

John 8:36 — 'So if the Son sets you free, you will be free indeed.'

■ THINK ABOUT IT

Truth is the foundation of freedom. Not good intentions, not willpower — truth. That's why knowing Scripture actually changes things.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

— I know the truth, and the truth has set me free.

— The Son has set me free — I am free indeed. Not wishful thinking — settled fact.

DAY 69 · REFLECTION & JOURNAL

1. Jesus says 'the truth will set you free.' What truth do you most need to know right now?
2. What does 'free indeed' look like compared to just feeling slightly less guilty?

DAY 70

Greater Works

Phase 3 · Living by Grace

■ MAIN READING

John 14:12–17

■ SUPPORTING READING

Proverbs 2:1–5

John 14:12 — 'Whoever believes in me will do the works I have been doing.'

■ THINK ABOUT IT

Greater works. Jesus said that. The same Spirit that raised Jesus from the dead is the one living in you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I believe in Jesus. The same Spirit who raised Him lives in me.
 - The Holy Spirit is my Helper, Guide, and Comforter. He is always with me.
-

DAY 70 · REFLECTION & JOURNAL

1. How does knowing the Holy Spirit lives in you change your confidence about what's possible in your life?
2. What 'works' do you think God is calling you to do in your school, your family, your community?

DAY 71 ★

The Spirit of Truth

Phase 3 · Living by Grace

■ MAIN READING

John 16:7–15

■ SUPPORTING READING

Isaiah 11:2

John 16:13 — 'When the Spirit of truth comes, he will guide you into all truth.'

■ THINK ABOUT IT

You have an internal guide to truth. The question is whether you're checking in with Him or just going with what feels right.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The Spirit guides me into all truth. I am never without God's wisdom.
- The Spirit takes what is Christ's and makes it known to me.

DAY 71 · REFLECTION & JOURNAL

1. How do you know when the Holy Spirit is guiding you vs. when it's just your own thinking?
2. What's a situation where you need the Spirit to guide you into truth right now?

DAY 72

Power to Witness

Phase 3 · Living by Grace

■ MAIN READING

Acts 1:8

■ SUPPORTING READING

Psalm 149

Acts 1:8 — 'You will receive power when the Holy Spirit comes on you.'

■ THINK ABOUT IT

A witness doesn't need to be a preacher. They just share what they've seen and experienced. You've got that.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have received power when the Holy Spirit came on me. I am a witness for Christ.
 - My calling is not a burden. It is a Spirit-powered adventure.
-

DAY 72 · REFLECTION & JOURNAL

1. What's your 'testimony' — what have you seen and experienced of God that you could share?
2. Why do you think the Holy Spirit's power is connected specifically to being a witness?

DAY 73 ★

The Mind of the Spirit

Phase 3 · Living by Grace

■ MAIN READING

1 Corinthians 2:9–16

■ SUPPORTING READING

Isaiah 64:4

1 Cor. 2:16 — 'We have the mind of Christ.'

■ THINK ABOUT IT

The Spirit gives you access to wisdom no algorithm, no teacher, no textbook contains. That's not small.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God has revealed to me by His Spirit what no eye has seen or ear has heard.
 - I have the mind of Christ. I am not limited by just what I can figure out naturally.
-

DAY 73 · REFLECTION & JOURNAL

1. What's something you've been trying to figure out in your own strength that you need Spirit-given wisdom for?
2. What does it mean practically to have 'the mind of Christ' when making decisions?

DAY 74 ★

The Greatest Is Love

Phase 3 · Living by Grace

■ MAIN READING

1 Corinthians 13

■ SUPPORTING READING

Psalm 103:8

1 Corinthians 13:8 — 'Love never fails.'

■ THINK ABOUT IT

Paul says you can have every spiritual gift in the book — and without love, it counts for nothing. Love is the main event.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I pursue love above all gifts. Love never fails.
 - I am patient, kind, not easily provoked — because God's love flows through me.
-

DAY 74 · REFLECTION & JOURNAL

1. Read 1 Corinthians 13:4–7 and replace 'love' with your own name. How does that feel?
2. Love 'never fails' — what does that mean for a relationship in your life that feels like it's failing right now?

DAY 75 ★

Grace to Give

Phase 3 · Living by Grace

■ MAIN READING

2 Corinthians 9:6–11

■ SUPPORTING READING

Psalm 112:1–5

2 Cor. 9:8 — 'God is able to bless you abundantly... you will abound in every good work.'

■ THINK ABOUT IT

Giving flows naturally from grace. When you know how much you've been given, generosity stops feeling like sacrifice.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God makes all grace overflow toward me so I always have everything I need to do good.
 - I give generously. God loves a cheerful giver — not a reluctant one.
-

DAY 75 · REFLECTION & JOURNAL

1. How does today's reading change the way you think about money, time, and resources?
2. What's one way you could give generously this week — not just money, but time, encouragement, help?

DAY 76

Bearing One Another's Burdens

Phase 3 · Living by Grace

■ MAIN READING

Romans 15:1–7

■ SUPPORTING READING

Isaiah 58:6–8

Romans 15:7 — 'Accept one another, then, just as Christ accepted you.'

■ THINK ABOUT IT

Christ accepted you before you had it together. That's the standard you're called to apply to everyone else.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I bear the weaknesses of others with strength — not judgment.
 - Christ received me as I was. I receive others as they are.
-

DAY 76 · REFLECTION & JOURNAL

1. Who in your life is it hardest to 'accept' — not approve of everything they do, but accept as a person?
2. What does it look like to bear someone else's burden without trying to fix them or judge them?

DAY 77

Always Rejoice

Phase 3 · Living by Grace

■ MAIN READING

1 Thessalonians 5:16–24

■ SUPPORTING READING

Psalm 100

1 Thess. 5:18 — 'Give thanks in all circumstances; for this is God's will for you.'

■ THINK ABOUT IT

'Give thanks in all circumstances' doesn't mean fake it. It means find something real to be grateful for even in hard seasons.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I rejoice always. I pray without stopping. I give thanks in everything.
 - This is God's will for me in Christ Jesus — joy, prayer, gratitude.
-

DAY 77 · REFLECTION & JOURNAL

1. What does it mean to 'rejoice always' — is that even possible when life is genuinely hard?
2. Try the challenge: list five things you're genuinely grateful for right now, even if life is difficult.

DAY 78 ★

God Will Never Leave

Phase 3 · Living by Grace

■ MAIN READING

Hebrews 13:5–9

■ SUPPORTING READING

Psalms 46:1–5

Hebrews 13:5 — 'Never will I leave you; never will I forsake you.'

■ THINK ABOUT IT

Never. That's an absolute. No asterisk. No exceptions. No 'as long as you're doing well.' Never.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God will never leave me or abandon me. I can boldly say, 'The Lord is my helper.'
 - I am not tossed around by every strange teaching. Grace keeps my heart steady.
-

DAY 78 · REFLECTION & JOURNAL

1. Have you ever felt like God was absent or had left? How does Hebrews 13:5 speak to that?
2. What does it mean to have 'content' — satisfied, steady — based on God's promise rather than your circumstances?

DAY 79

Walking in the Light

Phase 3 · Living by Grace

■ MAIN READING

1 John 1:5–9

■ SUPPORTING READING

Proverbs 28:13

1 John 1:9 — 'If we confess our sins, he is faithful and just and will forgive us.'

■ THINK ABOUT IT

Confession isn't grovelling. It's just being honest. And honesty with God is where cleansing happens.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- If I confess my sins, God is faithful and just to forgive me and cleanse me completely.
 - I walk in the light — not in performance, but in honesty before a gracious God.
-

DAY 79 · REFLECTION & JOURNAL

1. What's the difference between confessing sin and trying to 'earn back' God's favour after you've messed up?
2. Is there something you've been carrying in the dark — hiding from God — that you could bring into the light today?

DAY 80 ★

Confidence in Prayer

Phase 3 · Living by Grace

■ MAIN READING

1 John 5:11–15

■ SUPPORTING READING

Psalm 16:11

1 John 5:14 — 'If we ask anything according to his will, he hears us.'

■ THINK ABOUT IT

God hears you. Not sometimes. Not when you pray the right way. He hears you.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- This is the confidence I have: if I ask according to His will, He hears me.
 - God has given me eternal life, and this life is in His Son.
-

DAY 80 · REFLECTION & JOURNAL

1. What does it mean to pray 'according to His will'? Does that limit prayer, or focus it?
2. What are you currently praying for? How confident do you feel that God hears you?

DAY 81 ★

Overcoming by the Blood

Phase 3 · Living by Grace

■ MAIN READING

Revelation 12:10–11

■ SUPPORTING READING

Isaiah 54:17

Revelation 12:11 — 'They triumphed over him by the blood of the Lamb.'

■ THINK ABOUT IT

The enemy's main weapon is accusation. The blood of Jesus is the only counter you need — and it's already yours.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I overcome the accuser by the blood of the Lamb and the word of my testimony.
 - No weapon formed against me will prosper. This is my inheritance in Christ.
-

DAY 81 · REFLECTION & JOURNAL

1. What accusations do you most often hear against yourself — in your own mind or from others?
2. What does it mean to overcome by 'the word of your testimony'? What is your testimony?

DAY 82 ★

Reigning in Life

Phase 3 · Living by Grace

■ MAIN READING

Romans 5:17

■ SUPPORTING READING

Psalm 8

Romans 5:17 — 'Those who receive abundance of grace... will reign in life.'

■ THINK ABOUT IT

Reign in life. Not 'survive life' or 'endure life.' Reign. You were made to live on top, not underneath.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I receive the abundance of grace and the gift of righteousness and I reign in life.
 - I was made to reign — not to be controlled by sin, sickness, or fear.
-

DAY 82 · REFLECTION & JOURNAL

1. What does 'reigning in life' look like for a young person — not pride, but genuine authority and peace?
2. Where in your life do you feel most 'under' instead of 'above'? What would grace do there?

DAY 83 ★

Pulling Down Strongholds

Phase 3 · Living by Grace

■ MAIN READING

2 Corinthians 10:3–5

■ SUPPORTING READING

Proverbs 4:23

2 Cor. 10:5 — 'We take captive every thought to make it obedient to Christ.'

■ THINK ABOUT IT

Strongholds are just thoughts that have been given too much real estate in your mind. You can evict them.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I take every thought captive to the obedience of Christ.
- The weapons of my warfare are not ordinary — they are spiritually powerful.

DAY 83 · REFLECTION & JOURNAL

1. What thoughts or mental patterns do you most need to 'take captive' right now?
2. How do you actually do this in practice — what does it look like to bring a thought into obedience to Christ?

DAY 84 ★

The Prayer of Faith

Phase 3 · Living by Grace

■ MAIN READING

Mark 11:22–25

■ SUPPORTING READING

Psalm 37:4–6

Mark 11:24 — 'Whatever you ask for in prayer, believe that you have received it.'

■ THINK ABOUT IT

Speaking to mountains isn't poetic language — Jesus meant it. You have authority in prayer that most people never exercise.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I have faith in God. I speak to mountains — and they move.
 - Whatever I ask in prayer, believing I have received it, it will be mine.
-

DAY 84 · REFLECTION & JOURNAL

1. What 'mountain' in your life feels immovable right now?
2. Jesus connects unforgiveness to unanswered prayer (verse 25). Is there anyone you need to forgive before praying about this?

DAY 85

Persistence in Prayer

Phase 3 · Living by Grace

■ MAIN READING

Luke 18:1–8

■ SUPPORTING READING

Psalms 55:17

Luke 18:1 — 'Always pray and not give up.'

■ THINK ABOUT IT

Persistence in prayer isn't nagging God. It's staying engaged, staying connected, staying expectant.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I pray and do not give up. God will come through — at the right time.
 - I am persistent in prayer — not to twist God's arm, but to keep my heart aligned with His.
-

DAY 85 · REFLECTION & JOURNAL

1. Have you ever given up praying for something because it seemed like nothing was happening?
2. What's the difference between persistent faith and just hoping something will eventually happen?

DAY 86

True Worship

Phase 3 · Living by Grace

■ MAIN READING

John 4:23–24

■ SUPPORTING READING

Psalms 29:1–2

John 4:24 — 'His worshipers must worship in the Spirit and in truth.'

■ THINK ABOUT IT

You can worship in a cafeteria, on a school bus, in a maths class. Worship is not location-dependent.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God seeks worshipers who worship in spirit and in truth. I am that worshiper.
 - Worship is not just a song set — it is a lifestyle of living from the inside out.
-

DAY 86 · REFLECTION & JOURNAL

1. What does worshipping 'in spirit and in truth' mean — what makes worship real vs. just going through motions?
2. How do you personally connect with God in worship outside of a church service?

DAY 87 ★

Calling Things That Are Not

Phase 3 · Living by Grace

■ MAIN READING

Romans 4:17–21

■ SUPPORTING READING

Isaiah 46:9–10

Romans 4:21 — 'Being fully persuaded that God had power to do what he had promised.'

■ THINK ABOUT IT

Abraham was old, his body was 'as good as dead,' and he still believed. Not naive — just more convinced of God than of the circumstances.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I call things that are not as though they were — like Abraham.
 - I am fully persuaded that what God has promised, He is absolutely able to carry out.
-

DAY 87 · REFLECTION & JOURNAL

1. What has God promised you or put in your heart that seems impossible from where you're standing?
2. What does it look like to be 'fully persuaded' of God's promise without being in denial about your situation?

DAY 88 ★

Exceedingly, Abundantly

Phase 3 · Living by Grace

■ MAIN READING

Ephesians 3:20–21

■ SUPPORTING READING

Psalms 115:14–15

Ephesians 3:20 — 'To him who is able to do immeasurably more than all we ask or imagine.'

■ THINK ABOUT IT

Your imagination is not the ceiling. God is not limited by what you can think up. Dream big — and then know He can do more.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- God is able to do exceedingly, abundantly beyond all I ask or even think of.
- His power working in me is the real measure of what is possible in my life.

DAY 88 · REFLECTION & JOURNAL

1. If you could ask God for anything without limits, what would you ask for?
2. Ephesians 3:20 says this happens 'according to his power that is at work within us.' What does that mean?

DAY 89

Walking by Faith

Phase 3 · Living by Grace

■ MAIN READING

2 Corinthians 5:7

■ SUPPORTING READING

Proverbs 16:9

2 Cor. 5:7 — 'For we live by faith, not by sight.'

■ THINK ABOUT IT

Walking by faith doesn't mean ignoring reality. It means you have access to a deeper reality — one that's actually more real.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- I walk by faith and not by what I can see. My eyes are on the unseen, not just what's visible.
- The unseen is eternal. I make decisions from the eternal reality, not just the immediate one.

DAY 89 · REFLECTION & JOURNAL

1. What's a decision you're facing where 'sight' is saying one thing and faith would say something different?
2. Paul says the unseen is eternal, the seen is temporary. How does that priority change how you see your life right now?

DAY 90 ★

Grace Be with You

Phase 3 · Living by Grace

■ MAIN READING

Revelation 22:20–21

■ SUPPORTING READING

Psalm 23

Revelation 22:21 — 'The grace of the Lord Jesus be with God's people. Amen.'

■ THINK ABOUT IT

The Bible ends with grace. Not a warning, not a to-do list. Grace. That's the last word.

■ SPEAK ALOUD — TODAY'S CONFESSIONS

- The grace of the Lord Jesus is with me — now and always.
 - I have finished 90 days, but grace is not finished with me. This is just the beginning.
-

DAY 90 · REFLECTION & JOURNAL

1. How has your understanding of grace changed over these 90 days?
2. What's one truth from this journey that you want to carry with you every single day?

YOU DID IT.

90 Days of Grace.

You haven't just completed a reading plan. You've been soaking in the truth of who you are in Christ.

The Word that went into your heart doesn't come back empty. Something has shifted. Something has been planted.

Grace is still at work in you — and it always will be.

"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." — Philippians 1:6